



### Exciting new benefit!

You now have a convenient, affordable way to receive quick care through your smart phone, computer, or mobile device for simple medical conditions such as:

- |                            |                    |
|----------------------------|--------------------|
| Athlete's foot             | Nausea             |
| Cold sore                  | Pink eye           |
| Diarrhea                   | Ringworm           |
| Dermatitis                 | Rosacea            |
| Hives                      | Seasonal allergies |
| Influenza                  | Shingles           |
| Insect bites and stings    | Sore throat        |
| Laryngitis                 | Sties              |
| Lice                       | Stomach flu        |
| Minor burns                | Sunburn            |
| Minor cuts and scrapes     | Upper respiratory  |
| Minor rashes and blemishes | infection          |
| Motion sickness            | Vomiting           |
| Minor skin conditions      |                    |

**Mon. — Fri., 7 a.m. —10 p.m.**  
**(Closed for special holidays)**

**Your Plan code is: Mar45c**

To request a visit

1. Go to [coxhealth.com/directconnect](http://coxhealth.com/directconnect)
2. Click "start a live video consultation" and follow the instructions

